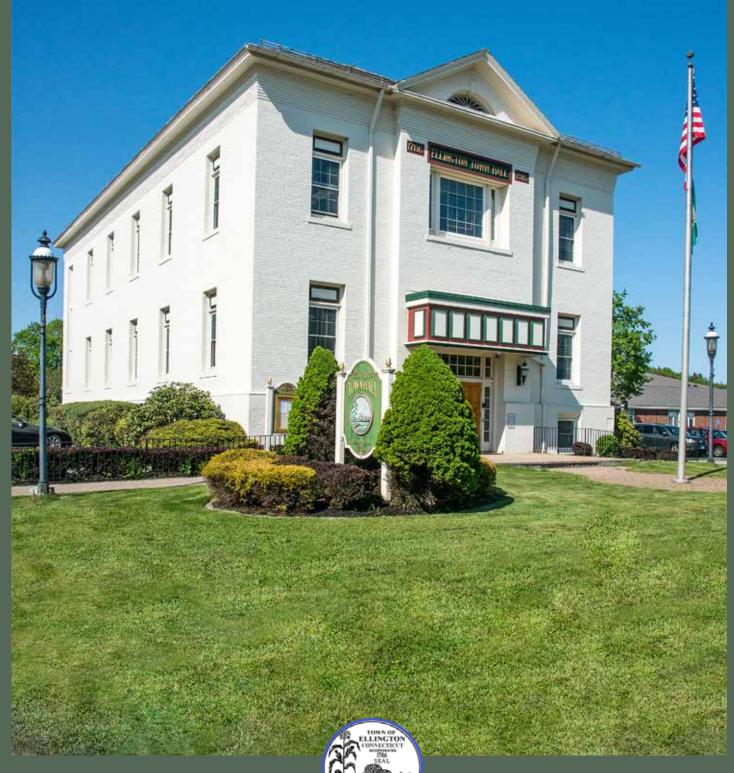
# Ellingtone vents

VOLUME 1 • QUARTER 3 • 2016



**DELIVERING TOWN NEWS** 

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#### First Selectman's Corner

Hot, Hot, Hot! This has been a summer to remember, with so many days above 90 degrees. Crystal Lake Beach has been incredibly busy - the decision to start the season on Memorial Day weekend was a good one, and residents have been enjoying the sun, sand, and sailing ever since. A big "THANKS!" goes out to the Park and Recreation Department, their lifeguards and the rest of their dedicated staff.

Speaking of Crystal Lake, I have been attending the Crystal Lake Association meetings. I am immensely impressed by this group's dedication and energy as they tackle the many issues that come along with keeping a lake community healthy. Their numerous responsibilities include maintenance of the dam, cleaning up the shoreline, and the continuing removal of Milfoil (a serious aquatic weed that will ruin a body of water in no time). These are important, but often thankless tasks; our community is lucky to have an organization committed to maintaining the wellbeing of such an important Town resource!

Resident State Troopers' Office Supervisor, Sgt. Brian Santa, has established a satellite center up at Crystal Lake in the Old Crystal Lake Schoolhouse in order to ensure that residents of the lake have the security and comfort of a police presence close at hand. I hope that people stop by to introduce themselves.

The Ellington Farmers' Market at Arbor Park has been quite busy. Once there, shoppers are delighted to discover live music and over 40 vendors selling fresh, local produce and much more. The Market takes place every Saturday from 9 am – noon, and continues through October 22, so make sure you stop by to stock up!

In the evenings, when the weather cooled, many residents returned to Arbor Park for the outdoor concerts



Lori Spielman First Selectman

in June, July and August. Attendance was terrific, and it was wonderful to see such a great use of the grounds!

Sgt. Santa wants to remind residents that there is a prescription drug drop-off box located at the Police Station at 33 Arbor Way. Please feel free to make use of this free and confidential service.

One of the projects that I have been working on is improving and adding to the walking trails in our Town.

continued on page 2

# Events presents... KLOTER FARMS



#### Satisfaction Guarantee

Just as it was in 1980, it is our goal to provide our customers with the highest quality products, at the very best price possible. We want your experience to be so memorable that you'll tell all of your friends and family about Kloter Farms. Service and taking care of our customers is always our number one priority.

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# events

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18 Industrial Park Road, P.O.Box 205 Centerbrook, CT 06409

860-767-9087 Fax 860-767-0259 email: print@essexprinting.com www.essexprinting.com

#### **PUBLISHER**

William E. McMinn

#### ART DIRECTOR

Kathy Alsop 860-391-4372 kathy@eventsmagazines.com

#### **COVER EDITOR**

AC Proctor 860-767-9087

#### **SALES REPRESENTATIVES**

VERNON • TOLLAND • ELLINGTON • WILLINGTON Tom Fortin 860-299-4568 tom@eventsmagazines.com

ESSEX • WESTBROOK • CLINTON • MADISON Ward Feirer 914-806-5500 wfeirer@gmail.com

OLD SAYBROOK • OLD LYME • EAST LYME Betty Martelle 860-333-7117 betty@eventsmagazines.com

MONTVILLE • NEW LONDON • STONINGTON Chris Angeli 860-391-5725 cangeli@eventsmagazines.com

BRANFORD • GUILFORD • WOODBRIDGE Nancy Lee Salk 203-219-3282 nancy@eventsmagazines.com

> CHESTER • EAST HADDAM EAST HAMPTON • HADDAM Sue Smith 860-885-9670 sue@eventsmagazines.com

> > MAGAZINE LAYOUT Amy Bransfield

Pat Stenbeck

**COVER PHOTO** 

Fred Bird www.fredbirdphotography.com

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#### SELECTMAN'S CORNER ... continued from page 1

One such trail starts at a Pinney Street location and goes all the way over to the Vernon line to meet up with the Vernon trail. This is a great opportunity that people should take advantage of. A good trail system needs a good team of volunteers, so we are looking for just that to help maintain our trails, as they are still a work in progress. Please be in touch with me at the Town Hall if you are interested in helping out!

Democrat Leo Miller, who sat on a number of boards at the Town Hall for many years, retired this year from his position as a Selectman. Leo played a big part in the many decisions that were made at Town Hall over the years, and everyone is sad to see him go, but we wish him the best as he moves on. On a personal note, I would like to thank Leo for his incredible support during the past election, and let him know how appreciative I am of his service to our town.

The Board of Selectmen is pleased to welcome Aaron J. Foster, who was appointed to complete Mr. Miller's term.

Doris Crayton, the Director of Human Services, will also be retiring in September. Doris has provided the town with 26 years of committed service. Doris is a well-respected, hard-working and effective employee, providing the highest level of



First Selectman Lori Spielman recognizes Leo Miller as he retires after 15 years as a member of the Board of Selectmen. Photo by Fred Bird Photography.



Town Clerk Diane McKeegan swears in Aaron J. Foster as Selectman. Photo by Fred Bird Photography.

service to our residents. Through her leadership skills, strong principles and compassion, Doris has nurtured the growth and development of the Human Services Department to a multi-social services agency. She will be sorely missed.

Residents may have noticed the presence of Public Works employees on several roads in Town. They are reclaiming and resurfacing these roads and are doing their very best to minimalize inconvenience to residents as they complete their work.

It seems like the farmers just finished planting, and now they are already harvesting. As you drive around Town, you will notice fields filled with corn, pumpkins, hay, and tobacco – how lucky we are to have this agricultural base in our community.

Make sure to visit Johnny Appleseed's stands in the near future, as they have a great crop of vegetables and apples in the orchards. Enjoy the field of sunflowers near Oakridge Farm, and be proud of the farmers who toil away on heated summer days, as the results of their hard work frames the summer-time beauty of this great town.

Lori Spielman First Selectman

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#### **Assessor's Office**

#### ASSESSOR'S MAPS AND DATA

Ellington's maps are available online at Ellington-ct.gov; search Assessor's Office. There is also a link to the Vision Government Solutions website for Assessor's field card information.

#### **BUSINESS PERSONAL PROPERTY**

Personal Property declaration forms will be mailed in September. Horses and unregistered motor vehicles are considered Personal Property and must be declared. Forms must be completed and returned to our office by November 1. Failure to report business personal property by November 1 will result in a 25% penalty.

#### FARM, FOREST & OPEN SPACE

Applications for classification of farm, forest or open space must be submitted to our office between September 1 and October 31. If the ownership of the property has changed, a new application must be submitted in the new owner's name during this period to receive the classification.

#### TAX EXEMPTIONS

**Veterans:** To qualify for a veteran's exemption an individual must have served during a war or recognized military conflict

and been honorably discharged. Discharge papers (DD214) must be filed in the Town Clerk's office by September 30.

**Active Member of Armed Forces:** Any active member of the armed forces may be eligible for an exemption. An application must be filed by December 31 of the current tax year to receive an exemption for a motor vehicle.

**Disabled or Blind Exemption:** Qualifying persons should file for blind or social security disability exemptions before October 1.

**Ambulatory Vehicles:** Any owner of a motor vehicle that has been specially equipped to accommodate a handicapped driver or passenger may be eligible for a handicapped exemption.

Please contact us at 860-870-3109 for additional information on any of the above mentioned items, or visit the Assessor's page on the Town website at ellington-ct.gov.

Kim Bechard, Assessor

FREE Adult Education Classes at ROCKVILLE HIGH SCHOOL

# VERNON REGIONAL ADULT EDUCATION

Credit Diploma Program\* (Fall classes begin 9/6/16)

GED Preparation\* (Fall classes begin 9/6/16)

Natl. External Diploma Program (on-going)

ESL Classes (Fall classes begin 9/12/16)

Citizenship Classes (Fall classes begin 10/4/16)

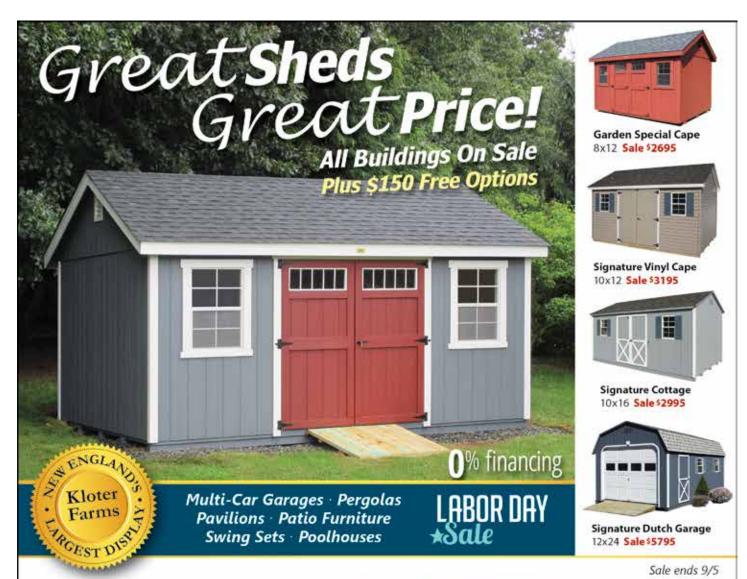
Register early at WWW.Vrabe.org

Orientation appt. required for CDP, GED & NEDP classes





For more information, please call: Vernon Regional Adult Based Education 860-870-6060 ext. 15 www.vrabe.org



Living Room Furniture Sale!



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# **KLOTER FARMS**

KloterFarms.com | 860-871-1048 | 216 West Rd, Ellington, CT | FREE DELIVERY in CT, MA, RI \$1500 min, Extra charge for Cape Cod.

#### **Rescue Post**

Ellington Rescue Post 512 Tonya Glomboske, Advisor Ellington Volunteer Ambulance Corps

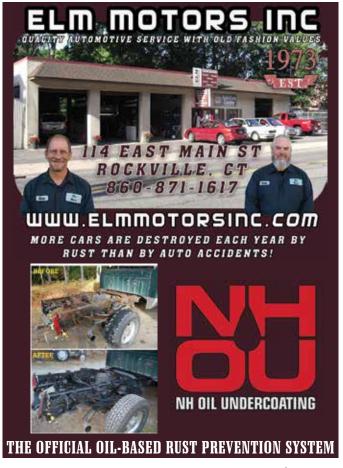
The Ellington Rescue Post 512 participated in "Boxes of Hope" from July 15 through 17 to raise awareness of homelessness and those less fortunate. The Rescue Post members constructed a "Box City" on the front lawn of the Ellington Volunteer Ambulance Corps building at 41 Maple Street. The Rescue Post 512 members lived in the boxes for the weekend, without the comforts of home, in 90° heat. Residents were asked to donate non-perishable items to the "Box City" and the generosity of Ellington residents was impressive. The items were then donated to the Ellington Food Bank. Doris Crayton, Human Services Director, and her staff were appreciative of the donations as they work hard all year to assist Ellington residents in need.

Some people, including First Selectman Lori Spielman, stopped to visit and not only donated to the cause, but also brought the members fresh food and cold drinks. The Rescue Post members



not only helped their community, but they also learned to appreciate what they have in life, because they realized that they do not know what tomorrow may bring. The event was a great success and the Rescue Post 512 members are looking forward to holding it again next year. Thank you to all who donated and participated! For more information, call 860-870-3170.





# **Elderly Outreach**

Anna L. Turner, MSW, Elderly Outreach Social Worker aturner@ellington-ct.gov (860) 870-3131

#### STATE OF CT RENTERS REBATE PROGRAM FOR YEAR 2015

The Town of Ellington Human Services Department is taking applications for the State of CT Renters Rebate program. To be eligible for this program you must have been age 65 and receiving Social Security income, or younger than age 65 and receiving Social Security disability benefits in year 2015. Income guidelines: \$35,200.00 maximum income for single person; \$42,900.00 for a couple. You must provide proof in 2015 of income as well as rental and utility expenses. Applications will be taken until September 30, 2016. Call Anna Turner at 860-870-3131 to set up an appointment or to ask questions.

#### TRIAD SENIOR SAFETY EVENTS

#### Medicare 2017 Updates

October 27 at 1:00 pm at the Ellington Senior Center, 40 Maple Street. The North Central Area Agency on Aging/CHOICES program will give an informative presentation on Medicare and updates for 2017. Please join us for this program and light refreshments. RSVP by calling the Senior Center at 860-870-3133.

#### Shred-It Event

October 27 from 12:00 pm to 2:00 pm at the Ellington Senior Center, 40 Maple Street. Ellington senior residents are encouraged to bring papers they want to be shredded for safe disposal of personal information (maximum 2 boxes per household). Any questions, call Anna Turner 860-870-3131.

# **Ellington Veteran's Services**

#### Joseph A. Palombizio **Ellington Veterans Service Contact** Person (VSCP)



Vietnam Era Veterans **Connecticut Wartime** Service Medal/Vietnam Veteran Lapel Pin Ceremony

The Central Connecticut State University History Project and the Connecticut Department of Veterans Affairs are sponsoring a Connecticut Wartime Service Medal Ceremony to honor Connecticut Vietnam Era Veterans on October 18, 2016 at the Department of

Veterans Affairs Rocky Hill Campus at 2:00 pm. All eligible Connecticut Vietnam era veterans are invited.

#### Eligibility for the Connecticut Wartime Service Medal

Documentary proof is required. Veterans who served on active duty for more than ninety days, excluding training, during a period of declared war, February 28, l961 - July 1, 1975. Honorable discharge. Current State of Connecticut resident.

#### Eligibility for Vietnam Veteran Lapel Pin (to be pinned on each Veteran

being honored).

Veterans who served on active duty in the U.S. Armed Forces during the period November 1, 1955 to May 15, 1975 regardless of location are eligible to receive one lapel pin.

To register, for further information and eligibility contact ccsu.edu/vietnam or call 860-832-2977. Participants must register before the event and submit application for the Connecticut Wartime Service Medal and/or the Vietnam Veteran Lapel Pin prior to the event. Complimentary tickets are required and space is limited.

# **Ellington Facilities & Parks**

#### ARBOR COMMONS COMMUNITY ROOMS

These rooms are located within the Parks and Recreation Department office complex. These rooms are used for meetings as well as small group programs.

ARBOR PARK - Located on Main Street in the heart of town and offers a nice area to walk.

BATZ PROPERTY - Located at 97 Shenipsit Street, Batz Property is 44.86 acres of mixed forest-wild flowers and grassy parking lot. This is the location of the community garden club.

**BROOKSIDE PARK** - Located on Route 140, approximately 2 miles from the center of town. This facility has baseball, softball, soccer & football fields. There are also tennis courts, a safe structured playground, a volleyball court and a covered pavilion. Brookside Park Pavilion can be rented for small gatherings.

#### **ELLINGTON SCHOOL FACILITIES - The Recreation**

Department utilizes the Ellington Public Schools as often as possible for many programs. The schools offer use of gym space for such activities as basketball, volleyball, as well as other indoor programs. The schools also allow space usage for softball and baseball fields during the season.

SANDY BEACH - Located on Crystal Lake on Route 140 in the northern end of town. Our beach offers swimming and sunbathing opportunities on hot summer days.

SCHWARTZ PARK - Located at Ellington High School at 37 Maple Street.

For more information, contact Parks and Recreation at 860-870-3118.

# **Ellington Farmer's Market**



Late Summer and Fall Season
Dianne Trueb, Market Master
Email:

ellingtonfarmersmarket@gmail.com Website: ellingtonfarmersmarket.com

The Ellington Farmers' Market has a great late summer and fall line-up in store. Beginning with a Kids Identification Day on August 27 and ending with the popular Halloween Pet Parade on October 22. In between you can enjoy events like Salsa Saturday, Apple Festival, Fall Harvest Drag Race and more. You will be able to enjoy some great bands including Grass Routes Bluegrass Band, Stray Dogs and Root Farmers. The weekly theme and entertainment schedule can be found on Farmers' Market website where you can also sign up for the weekly newsletter.

In addition to 40 vendors bringing a wide variety of farm products including produce, beef, pork, poultry, dairy and eggs, baked goods, specialty food items, bath and body products and artisan wares, the

market sponsors two programs. The Kids Power of Produce Club empowers children to make healthy food choices. Children learn where their food comes from and receive a \$2 token to purchase fresh produce. The market also doubles SNAP dollars up to \$20 per week. Purchase \$20 of SNAP tokens with your EBT card and receive \$40 to shop at the Market. The Market takes place in the quaint setting of Arbor Park on Saturday mornings from 9-12. The winter market begins November 19 from 2:00 pm to 4:00 pm at the YMCA, 11 Pinney Street, Ellington.



# **Ellington CERT**

Community Emergency Response Team
John Streiber, Deputy Emergency Management Director

Ellington CERT (Community Emergency Response Team) is a volunteer entity comprised of individuals from all walks of life. Who are some of these people? You might be surprised that any of the following persons is a CERT member: a fellow student, your neighbor, a local store cashier, Fire fighters, retired persons, EMTs, secretaries, cooks, teachers and many more. CERT members are trained to respond in the event of a disaster. Would you like to be trained for a disaster – specifically, how to help yourself, how to help your neighbors and how to help



your community? Interested? For more information, email John Streiber jstreiber@ellington-ct.gov or call 860-870-3182 or 860-918-3112.

# **Registrar of Voters**

Wanda Deland, Republican Registrar Susan Luginbuhl, Democrat Registrar

#### **ELECTION DAY IS TUESDAY, NOVEMBER 8, 2016**

The Presidential Election will be held on November 8, 2016 from 6:00 am to 8:00 pm. District 1 will be voting at Ellington High School, 37 Maple Street. District 2 will be voting at Crystal Lake School, 59 South Road. Ellington Public Schools will be closed that day for Teacher In-service.

# VOTER REGISTRATION SESSIONS AT THE REGISTRARS' OFFICE

Town Hall, 55 Main Street

 Dates
 Time

 Tuesday, October 4, 2016
 10:00 am to 1:00 pm

 Saturday, October 22, 2016
 10:00 am to 2:00 pm

 Tuesday, November 1, 2016
 9:00 am to 8:00 pm

There will be a limited Registration Session on Monday, November 7, 2016 from 9:00 am – 5:00 pm for those seeking to vote in the election whose qualification as to age, citizenship or residence was attained since November 1, 2016.

#### **ELECTION DAY REGISTRATION**

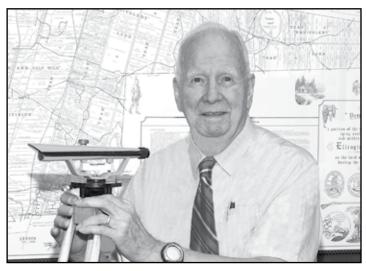
Residents may register and vote on Election Day at the Registrar of Voters Office as long as you have not previously voted in that same election and have the proper ID (Social Security card, license or birth certificate and/or proof of residency) to satisfy the Registrar of Voters requirements.

If you have any questions, please contact us during normal posted business hours or check the Town website for additional information at ellington-ct.gov.

# Ellington Wall of Honor Inductee ~ Alfred E. Schindler

At the July 11, 2016 meeting of the Board of Selectmen, Alfred E. Schindler was selected to be inducted to the Ellington Wall of Honor.

Mr. Schindler has been a resident of Ellington for over 60 years. He practiced the profession of surveying for 48+ years, owning his own business in Ellington from 1963 to 2002. A majority of Mr. Schindler's surveys were done for the Town of Ellington and its residents. He is the author of "Surveying; The World's Second Oldest Profession?" Mr. Schindler made many contributions to the Town of Ellington, and one very special project is the publication in 1985 of the Ellington Proprietor's Map, a joint effort with Dorothy Cohen. The map shows how the land within the Town of Ellington was originally divided among the first land owners and is the basis for all subsequent land transfers. A copy of this map hangs in many places throughout Town and it holds a prestigious place in the Office of the First Selectman. Mr. Schindler shared his knowledge and talent at the state and national levels in the surveying profession and has served as a mentor to countless up and coming surveyors throughout his career. Mr. Schindler's many contributions to the Town of



Ellington are too numerous to list. A formal induction ceremony will be held on Saturday, September 10, 2016 at 4:00 pm at the site of the Wall of Honor located in Arbor Park [off of Main Street]. The public is encouraged to attend. Photo by Fred Bird Photography.

# **Ellington Historical Society**



Archaeological dig on museum grounds



Nellie McKnight Museum

#### **NELLIE MCKNIGHT MUSEUM**

Have you ever wondered about the building at 70 Main Street? This 1812 Federal-style house was the home of Nellie McKnight, local historian and librarian at Hall Memorial Library. Nellie left her home to the Ellington Historical Society to promote and share local history. Our museum features items from the McKnight family and other families in Town depicting life and history in Ellington.

Our annual events include a flea market and bake sale in May, an open house as

part of the statewide CT Open House Day, a day at the Farmer's Market in Arbor Park with a wash tub, rug beater and butter churn for kids to try their hand at some traditional jobs, school visits and an open house as part of the Town Winterfest celebration in December. Our meetings are held six times a year at Hall Memorial Library and feature a historical program sponsored by the library. Our September 22 meeting will feature author Daniel Sterner discussing his book "Vanished Downtown Hartford."

The Nellie McKnight Museum is open for the season. Hours are 1:00-4:00 pm on Thursday afternoons every week until the end of September. Docents are on hand to give tours and admission is free. Our website is www.ellingtonhistsoc.org. Contact us through the website or by calling 860-875-7160 for further information.

We are always looking for new members to help us present our rich town history. Stop in at one of our meetings or come for a tour of the museum-you just might want to join!



# **Ellington Parks & Recreation Department**

RECREATION STAFF

rtedford@ellington-ct.gov

mbartley@ellington-ct.gov

jconnor@ellington-ct.gov

tmodzelewski@ellington-ct.gov

Recreation Director: Robert Tedford

Administrative Assistant: Julia Connor

Administrative Assistant: Tina Modzelewski

Assistant Director of Recreation: Mary M. Bartley

#### **CONTACT INFORMATION**

31 Arbor Way P.O. Box 187 Ellington, CT 06029 Phone: 860-870-3118 Fax: 860-870-3198

Phone: 860-870-3118 / Fax: 860-870-3198

Parks and Recreation website: parkrec.ellington-ct.gov

Email: recreationstaff@ellington-ct.gov

Monday's 8:30 am-6:00 pm / Tues-Thurs 8:30 am-4:00 pm / Friday's 8:30 am-1:30 pm

#### RECREATION NEWS

**OFFICE HOURS** 

A note from the Recreation Director, Bob Tedford It will be late August as you read the new 2016 Parks and Recreation Fall program outline, and we hope there is something for everyone! In addition to a schedule of team and individual sports, you will find a number of passive recreation opportunities, day trips, and pre-school programs. Please feel free to use the various facilities as well, including the track at the Goldie Spielman complex adjacent to Ellington High School (EHS), the tennis courts at Schwartz Park, adjacent to EHS, the exterior basketball and volleyball courts at Brookside Park, and the always popular children's playground at Brookside Park. Volunteers are the mainstay of any community and the Town of Ellington is very fortunate to have such a large segment of Town residents who devote numerous hours toward making the Town an enjoyable community to reside in. Please feel free to contact me: rtedford@ellington-ct.gov if you have any new program ideas, or questions in general about Town programs and/or policies.

#### **GENERAL INFORMATION** PROGRAM REGISTRATION PROCESS

The Parks and Recreation Department has a registration process for all recreational programs/camps through our Activenet On-Line Program. The process for online registration is easy and convenient for all. The process involves following these simple steps:

- Go to parkrec.ellington-ct.gov
- Click blue button on bottom Activenet Registration
- Select "Sign in" if you have an account or select "Create an Account" to set one up

It is imperative that an adult household member set up the family account. The advantage to setting up an account is the convenience of registering for recreational programs and camps at your leisure. You will need an e-mail address to set up your account, a password, and dates of birth for all family members. (Remember to add family members to your account). If you don't have access to a computer, we can assist in setting up your account at the Recreation Office during regular office hours.

In-office online registration allows you to pay by cash, check or charge with no convenience fee being applied to your credit card. Note: there is a convenience fee applied to your credit card when registering at home. We reserve the right to limit class size and to cancel classes that do not meet minimum requirements. Ellington residents are given preference for all programs during the first week of registration. If you have any questions or problems, please contact Mary Bartley, Assistant Director of Recreation. In the event of inclement weather, the Parks and Recreation Department will list program cancellations on television. Tune in to Channels 3, 30 and 8 to check if there is a cancellation. Cancellations will be listed under "Ellington Recreation

**ADA:** The Town of Ellington does not discriminate on the basis of race, color, national origin, sex, religion, age or disability in provision of programs and services. If you or a family member need special assistance, please make us aware of your needs at the time of registration.

#### SCHOLARSHIP PROGRAMS

Department."

If a need arises, please make a confidential inquiry to Bob Tedford, Recreation Director at rtedford@ellington-ct.gov. **PAYMENT** - Registration is not considered valid until the program fee is paid. We accept cash, checks, American Express, Visa, MasterCard and Discover Card.

**REFUNDS** - Requests for refunds must be in writing prior to the program starting.

#### **ELLINGTON HIKING CLUB**

This group takes a hike every Tuesday, a new site each week, and site notification is made the Monday prior (via email). Meet at Arbor Park Tuesday mornings at 9 am. Projected Dates: September 13, 20, 27; October 4, 11, 18, 25; November 1 and 15. Pre-registration is required at the Recreation Office, 31 Arbor Way. Eligibility: Adults 18 years of age and over. Bring: water, snack and sunscreen, bug spray and wear proper footwear!

#### 4TH ANNUAL ELLINGTON FAMILY ROAD RACES

Presented by Ellington Parks and Recreation, Ellington Volunteer Fire Department and the Ellington Athletic Booster Club. October 29 (Rain date: November 5) Registration through Activenet On-line system.

9:00 am – 11:00 am at Brookside Park, Route 140 in Ellington, CT Fees: 3K Youth Run - \$10; 5K Course Age 18+ \$20, Under 18 - \$15, 5K Team of 4 - \$75. The first 100 people to register will receive a 2016 Ellington Fall Festival Race Shirt. Kid's Fun Run is Free, All times for the 5K and 3K will be monitored and recorded by Platt System.

# 2016 HUNTER K. GIROUX MEMORIAL BASKETBALL TOURNAMENT

The 2016 Holiday Travel Basketball Tournament is named for the late Hunter K. Giroux, a former coach on the recreational and travel level, as well as an invaluable member of the Parks and Recreation Commission. Naming the tournament after Hunter is a fitting tribute to his contributions for over 20 years to the Town's athletic programs. Hunter's energy and zeal for competition, and his caring and supportive approach to every athlete regardless of ability were genuine trademarks. Please try to catch a game. The level of play in the 8th grade division is worth the price of admission! The Tournament Awards will include the Hunter K. Giroux Team Sportsmanship Award; All-Tournament Team; All Defensive Team Award 8th Grade Boys Basketball Tournament Teams from throughout the region are expected to participate. Location: Ellington Middle School, 46 Middle Butcher Road. Concessions will be available.

December 27 6:00 pm First Round Games (Ellington playing at 7:30 pm)

December 28 4:00 pm Consolation Game 6:00 pm Championship Game

(December 29 - snow date if needed)

To place an advertisement in the program brochure, please contact Bob Tedford at (860) 870-3118 no later than December 19, 2016. All proceeds will benefit Ellington Recreation Programming. Check the website in early November for an updated schedule at parkrec.ellington-ct.gov.

#### **FALL SOCCER 2016**

All Travel teams for U8 to U15 for boys and girls have been formed. The Recreation Division program will include grades 2, 3 and 4. Registration closes on September 1, 2016.

#### **ELLINGTON SOCCER FUND RAISING**

Please consider purchasing any of the listed items in order to support the Town of Ellington Soccer Program. 100% of the profits will go toward the Recreation Division and Travel Team Soccer needs, specifically for replacing equipment and upgrading uniforms.

Umbrellas (purple and white) \$15

Coffee Mugs \$1 Water Bottles \$1 Soccer Magnet \$1

# AMERICAN HEART ASSOCIATION First Aid/CPR/AED COACHES CERTIFICATION

Register on the Adult Programs page at parkrec.ellington-ct.gov under CPR and FA; Click on "Register Here".

Location: 31 Arbor Way. Fee: NA.

The Recreation Department has two certified AED/First Aid/CPR Instructors on staff: Allison Breen and Kristen Wasielewski. New classes have been scheduled that will allow all Ellington coaches, athletic officials, program instructors and staff of Ellington Recreation sponsored sports and activities to get certified. Please understand that each coach is required to complete this training. Only six coaches are allowed per class. You are required to stay the entire time in order to receive your certification.

Time: 5:00 pm-10:00 pm

Dates: Tuesday, September 20, Wednesday, October 5,

Monday, October 24, Thursday, November 3

#### REQUIRED PRE-SEASON COACHES CLINIC

Date to be determined. Check website for dates Location: 31 Arbor Way. Time: 7 pm-9 pm.

The Recreation Department, in an attempt to provide support services to all Town of Ellington coaches, has designed a preseason coaches clinic that will discuss the very important aspects of coaching today's youth. Please visit the website for more details about the topics that will be covered at parkrec.ellington-ct.gov. Head Coaches, as well as assistant coaches, are expected to pre-register by emailing: Bob Tedford: rtedford@ellington-ct.gov or Mary Bartley: mbartley@ellington-ct.gov.

# 2016 TENNIS TOURNAMENT ~ 5TH ANNUAL CHARLES HUGGINS INVITATIONAL

Presented by the Recreation Department/Friends of Ellington Tennis. Dates: September 10 and 11. Location: Schwartz Athletic Complex located on Maple Street, east of Ellington High School Competition is open to Ellington residents and non-residents Each draw is limited to a maximum of 32 players (first come/first served). Play will consist of best 2 of 3 sets with traditional scoring and 7 point tiebreakers in each set. Players with a USTA rating of 5.0 or greater will be excluded from the main draws but may compete in One "champions" draw. Each entrant must pay an entry fee of \$15 per draw (a single player pays \$15, a doubles team pays \$15) payable to the Town of Ellington. Register through the Recreation Department Online Activenet registration system. Entry deadline is September 9 at 12 noon.

Draws Available: Men's Singles, Men's Doubles, Women's Singles, Women's Doubles, Mixed Doubles, Boy's Singles, Girl's Singles, and Champion's Singles

#### INFORMAL KAYAK CLUB

A program for beginner paddlers will be offered after August 22, depending on interest. Starting point will be from Crystal Lake Sandy Beach. Instruction will be provided for the novice kayak owners.

Continued on page 12

#### PARKS AND RECREATION ... continued from page 11

The program will be offered in the morning or early evening hours; timeframes will depend on interest. To indicate interest, send your name, phone and email address to: recreationstaff@ ellington-ct.gov.

#### PRESCHOOL PROGRAMS

In conjunction with the Ellington Parks and Recreation / Ellington Youth Services



#### MUSIC & MOVEMENT FOR TOTS

(Adult participation is required)

Instructor: Jill Maznicki

Session 1: September 7 – November 2

Day: Wednesdays

Time: 10:15 am-11:00 am

Location: Hall Memorial Library

Min: 6 Max: 10

Fees: \$75 Residents / \$80 Non-Resident

Session 2: September 8 – November 3

Day: Thursdays

Time: 10:15 am-11:00 am

Location: Hall Memorial Library

Min: 6 Max. 10

Fees: \$75 Resident / \$80 Non- Resident

Session 3: September 10 – November 5

Day: Saturdays

Time: 9:30 am-10:15 am

Location: Old Crystal Lake Schoolhouse

Min: 6 Max: 8

Fees: \$75 Resident / \$80 Non-Resident

#### MINI MUSIC & MOVEMENT FOR TOTS

Instructor: Jill Maznicki

Mini Session W: November 9, 16, 30; December 7 (Make-up date

December 14)

Day: Wednesday (4 weeks) Time: 10:15 am-11:00 am Location: Hall Memorial Library

Fees: \$35 Resident / \$40 Non-Resident

Min: 6 Max. 10

#### Mini Session TH: November 10, 17; December 1, 8

(Make-up date December 15) Day: Thursday (4 weeks) Time: 10:15 am – 11:00 am Location: Hall Memorial Library Fees: \$35 Resident / \$40 Non-Resident

Min: 6 Max. 10

#### Mini Session SAT: November 12, 19; December 3, 10

(Make-up date December 17) Day: Saturday (4 weeks) Time: 9:30 am-10:15 am

Location: Old Crystal Lake Schoolhouse

Min: 6 Max 8

Fees: \$35 Resident / \$40 Non-Resident

A wonderful group experience! Come sing, dance, play and move to the beat. This stimulating program will introduce children to a variety of music and instruments. Instructor Jill Maznicki will lead the class in finger plays, songs, bounces as well as developmentally appropriate group activities.

#### INSIDE & OUT INFANT/TODDLER PLAYGROUP

Ages 3 months to age 3

Join us for socialization, arts and crafts, stories, snack, discovery and networking with other parents of toddlers at our new Crystal

Lake School House location. Instructor: Tressa Giordano

Day: Fridays

Time: 9:10 am-10:00 am,

Session 1: September 16, 23, 30; October 7, 14, 21 and 28 (7)

Code: IOITP.1

Session 2: November 4, 11, 18; December 2, 9, 16 (6)

Code: IOITP.2 Min: 5 Max: 9

Fees: \$18.00 for residents and \$23.00 for non-residents.

# INSIDE & OUT INFANT/TODDLER & GRANDPARENT PLAYGROUP

Ages 3 months to age 3

Join us for socialization, arts and crafts, stories, snack, discovery and networking with other grandparents of toddlers at our new

Crystal Lake School House location.

Instructor: Tressa Giordano

Day: Wednesdays Time: 9:10 am-10:00 am Session 1: September 14, 21, 28, October 5, 12, 19, 26 (7)

Code: IOITG.1

Session 2: November 2, 9, 16, 30, December 7, 14 (6)

Code: IOITG.2 Min: 5 Max: 9

Fees: \$18.00 for residents and \$23.00 for non-residents.

#### LITTLE HANDS ARTS & DISCOVERY

Ages 1-3. Come join us to release that creative energy! We will explore colors, texture and fun painting techniques with sponges, brushes, fingers and so much more!! Enjoy a fun age appropriate art project, yummy snack, story and meet new friends with that special little person in your life. Adult participation required.

Instructor: Tressa Giordano

Day: Thursdays

Time: 9:10 am-10:00 am

Session 1: September 15, 22, 29, October 6, 13, 20, 27 (7)

Code: LHAD.1

Session 2: November 3, 10, 17, December 1, 8, 15 (6)

Code: LHAD.2 Min: 5 Max: 9

Fees: \$40.00 for residents and \$45.00 for non-residents.

#### YOUTH PROGRAMS / SPORTS

#### 2016 FALL YOUTH GOLF LESSONS

Classes are held at the Ellington Golf Center

125 West Road

Fee: \$65.00 per Session

Instructor: Jeff Wadsworth Email: Jwadsworth50@comcast.net

Saturdays: September 17, 24, October 1, 8 2:00 pm-3:00 pm Ages 6-9

3:00 pm-4:00 pm Ages 10-13

#### INSTRUCTIONAL SOCCER

Ages/Grades 3-4 years – 2nd grade

Days: Saturdays

This is a co-ed program with parent volunteers as coaches. The program is held on Saturday mornings at Brookside Park. The children learn the basic soccer skills and drills. Mini scrimmages are played beginning the 3rd week of the program. Children are required to wear soccer cleats, shin guards and bring a water bottle.

Time: 2nd graders: 9:00 am - 10:00 am 1st graders: 10:00 am - 11:00 am Kindergarten 11:00 am - 12:00 pm 4 year olds 11:00 am - 11:45 am

Fee: \$32.00

Dates: September 10 – October 29 (8 weeks)

If interested in being a volunteer coach for your child's team please contact Mary Bartley, Assistant Director of Recreation at

mbartley@ellington-ct.gov.

#### INSTRUCTIONAL BASKETBALL

Ages/Grades: 4 years - 2nd grade

Days: Saturdays

Location: Ellington Middle School Gymnasium

Fee: \$35/1 child; \$50/2 children; \$62/3 or more children

Registration Dates: October 3 - December 1, 2016

This program is co-ed and is run by parent volunteer coaches. The program meets Saturday mornings for (8 weeks); this program is a learning instructional program based on the skills and drills of vouth basketball.

Time:

2nd graders 8:30 am - 9:30 am

code: BBALL.second16

9:30 am - 10:30 am 1st graders

code: BBALL.first16

Kindergarten 10:30 am - 11:30 am

code: BBALL.kind16

4 year olds 11:30 am - 12:00 pm

code: BBALL.4years16

#### YOUTH INFORMAL VOLLEYBALL

Grades: 4-6

Location: Ellington Middle School

Day: Wednesday

Dates: September 14, 21, 28; October 5, 12

Time: 6:00 pm-7:15 pm Code: YUTH.VBAL16

Fee: \$20

Instructor: Kristen Wasielewski and Julia Connor

Min: 8 Max: 16

continued on page 14







#### PARKS AND RECREATION ... continued from page 13

#### YOUTH INFORMAL BASKETBALL - GIRLS

Grades: 5 and 6 Time: 5:30 pm - 6:30 pm Grades: 7 and 8 Time: 6:30 pm - 7:30 pm

Day: Wednesday

Dates: September 7, 14, 21, 28; October 5, 12

Code: IFBB.G58

Location: Windermere School

Fee: \$15

Min: 12 Max: 20

#### YOUTH INFORMAL BASKETBALL - BOYS

Grades: 5 and 6 Time: 5:30 pm-6:30 pm Grades: 7 and 8 Time: 6:30 pm-7:30 pm

Day: Thursdays

Dates: September 15, 22, 29; October 6, 13

Code: IFBB.B58

Location: Windermere School

Fee: \$15

Min: 12 Max: 20

#### INTRODUCTION TO ARCHERY

Instructor: William Hall

Ages: 8 and up (including adults)

Two 5-week sessions are available; registration may be

made for one or both sessions. Fee: \$45.00 per session Time frame: 5:15 pm-6:15 pm

Location: Kids First Archery, Route 32 Willington Session 1: September 15, 22, 29; October 6, 13 Session 2: October 20, 27; November 3, 10, 17 Maximum of (8) per class, no exceptions.

Code: ARCH.FL16

#### YOUTH TENNIS PROGRAMS

Instructor: Gary Marquez

#### **TINY TOT TENNIS**

Day: Saturdays

Dates: September 10, 17, 24; October 1

Ages: 4-5 years old

Location: Schwartz Park, Maple Street

Time: 9:00 am-9:30 am

Fee: \$35

Code: TINY.TTTF16

#### PEE WEE TENNIS

Day: Saturdays

Dates: September 10, 17, 24; October 1

Ages: 6-8 years old

Location: Schwartz Park, Maple Street

Time: 9:30 am-10:15 am

Fee: \$35

Code: PEE.PWEF16

#### YOUTH TENNIS LESSONS

Day: Saturdays

Dates: September 10, 17, 24; October 1

Ages: 9-13 years old

Location: Schwartz Park, Maple Street

Time: 10:15 am-11:15 am

Fee: \$35

Code: YOTH.TNF16

#### LEARN TO PLAY HOCKEY

Location: Bolton Ice Palace, 145 Hop River Road, Bolton

Call (860) 490-5796 to sign up

8 week sessions beginning September thru March

Time: 10:20 am-11:20 am

Ages: 4-12

No skating experience is required. The goal is to teach participants to skate and play hockey with emphasis on fun and self-discipline. Contact Mark McGrath via email at

growthegame@echostars.com.

#### CO-ED FLOOR HOCKEY

Day: Fridays Dates: TBD Grades: 7 and 8

Location: Windermere School Time: 5:30 pm-7:00 pm Code: FLOR.HOCK16

Fee: \$15

#### **JUKIDO**

All skill levels welcome. Instructor: Paul Ward

Location: 375 Hartford Turnpike RT 30 Vernon

Days: Thursdays Ages: 6 years and up Time: 5:30 pm-6:30 pm

Fee: \$42 per session/walk in fee \$6.00 per class on site only

Session 1: September 1, 8, 15, 22, 29; October 6

Code: 0504.JUKF161

Session 2: October 13, 20, 27; November 3, 10, 17

Code: 0504.JUKF162

#### AFTER SCHOOL BOWLING PROGRAM

Staff provided by Spare Time Bowling Location: 350 Talcottville Road, Vernon

Day: Mondays

Dates: October 3, 17, 24; November 7, 14, 21 (Make-up date November 28 if needed)

Transportation to the Spare Time Bowling is provided from the schools. Parents must pick up students at Spare Time Bowling,

350 Talcottville Road, Vernon each week. Time: Grades K-4 4:00 pm-6:00 pm

Time: Grades 5-6 3:00 pm-5:30 pm

Fee: \$65

Codes:

2016. CENK4F Center School

2016. WINK4F Windermere School K-4 2016. WIN56F Windermere School 5 -6 2016. CLSK4F Crystal Lake School

#### **FALL CROSS COUNTRY**

Program Coordinator: Dan Dryburgh

The Fall Cross Country program is designed as a training program for the upcoming Ellington and Manchester Road Races, with an emphasis on fun and exercise! New and returning coaches are welcome to participate. Please contact Bob Tedford at (860) 870-3118. A participant/parent clinic will be held to provide updated insight on the following: stretching, core drills and nutrition updates.

Grades: 3-8

Location: Ellington High School Track

Day: Saturdays Time: 9:00 am-10:30 am

Dates: September 10, 17, 24; October 1, 8, 15, 22, 29

Day: Wednesdays Time: 5:30 pm-7:00 pm

Dates: September 7, 14, 21, 28; October 5, 12, 19, 26

Code: CrossC.Fall16

Fee: \$10

#### ADULT SPORTS/PROGRAMS

#### ADULT CO-ED VOLLEYBALL

(Informal Program)

Day: Wednesday

Starts week of September 7, 2016

Ages: 18 and up Time: 7:30 pm-9:00 pm

Location: Ellington Middle School Fee: \$25 Resident/ \$30 Non-Resident

#### ADULT WOMEN'S VOLLEYBALL

(Informal Program)

Day: Wednesday

Starts week of September 28, 2016

Ages: 18 and up

Time: 7:00 pm - 9:00 pm

Location: Ellington Middle School Fee: \$25 Resident/ \$30 Non-Resident

#### ADULT MEN'S VOLLEYBALL

(Informal Program)

Day: Thursday

Starts week of September 29, 2016

Ages: 18 and up

Time: 7:00 pm - 9:00 pm

Location: Ellington Middle School Fee: \$25 Resident / \$30 Non-Resident

#### **ADULT TENNIS LESSONS**

Day: Wednesdays

Dates: September 7, 14, 21, 28 Time: 7:00 pm-8:00 pm

Location: Schwartz Park (Maple Street)

Fee: \$35

Code: Tennis.A116 Instructor: Rich Willis

#### **ADULT CARDIO TENNIS**

Day: Wednesdays

Dates: September 7, 14, 21, 28 Time: 6:00 pm-7:00 pm

Location: Schwartz Park (Maple Street)

Fee: \$35

Code: CARDIO.16
Instructor: Rich Willis

#### ADULT BADMINTON INSTRUCTION

Day: Wednesdays

Dates: September 21, 28; October 5, 12, 19

Ages: 18 and Up Time: 7:30 pm-9:30 pm Location: Windermere School

Code: 0116.BDM16

Fee: \$20 Residents/ \$25 Non-Residents

#### continued on page 16



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#### PARKS AND RECREATION ... continued from page 15

#### ADULT COMPETITIVE BASKETBALL

Day: Thursdays

Date: Begins November 3 Time: 7:15 pm-9:30 pm Ages: 18 and Up

Location: Windermere or Ellington Middle Schools

Team Fee: to be determined

No Activenet Registration. Separate Roster Form to be submitted to Recreation Director, Bob Tedford. For more

information email: rtedford@ellington-ct.gov.

#### WOMEN'S INFORMAL BASKETBALL

Day: Tuesday

Date: starting September 13 Time: 6:30 pm-7:30 pm Ages: 18 and Up

Location: Windermere School

Fee: \$20 Resident/ \$25 Non-Resident

Code: 2016.WIBF16

#### ADULT INFORMAL SOCCER

Day: Sunday

Date: September 11 through November 2016

Ages: 18 and Up Time: 9:00 am-11:30am Location: Brookside Park

Fee: N/A Code: 2016.ISS

#### ADULT CO-ED INDOOR SOCCER

Day: Wednesdays

Date: Starting December 7

Ages: 18 and Up

Time: 7:30 pm-9:30 pm Location: Crystal Lake School Fee: \$20 Resident/ \$25 Non-Resident

#### ADULT FITNESS PROGRAMS

#### GINNY'S FITNESS FOR LONGEVITY

Instructor: Ginny Hogan Day: Mondays and Wednesdays Beginning the week of September 12

Ages: 18 and up

Time: 6:00 pm - 7:15 pm Location: Center School

Fee: \$40 Pre-Paid Punch card/ 8 classes or \$7 walk-in fee Are you looking for a supportive exercise group and an instructor who cares about your results? Look no further than Ginny Hogan's Fitness for Longevity. Join a group of motivated women for workouts that are fun, varied, appropriately challenging and effective. Workouts incudes strength training, cardio, balance, and stretching and are custom designed for all levels. Email: fitnessforlongevity@gmail.com or call 860-463-3238. Programs

are open to residents and non-residents. All you need is an exercise mat, water bottle, foam roller and a sense of fun. Classes will follow the Ellington Public Schools calendar. No classes will be held when school is closed.

#### **ZUMBA**®

Instructors: Tressa Giordano and Joanne Britton

Days: Tuesday and Thursday Evenings

Ages: 16 and up

Date: Beginning the week of September 6, 2016

Time: 7:30 pm-8:30 pm

Location: Ellington Senior Center, 40 Maple Street

Fee: \$40 for a Pre-Paid Punch Card/8 classes available at location

site or \$8 Walk-in fee

Classes will follow the Ellington Public School Calendar. No classes will be held on vacation or school cancellation days. Perfect for everybody and every body! Each class is designed to bring people together to sweat it on. We take the "work" out of workout, by mixing low intensity and high intensity moves for an interval-style, calorie burning dance fitness party. A total workout, combining all elements of fitness-cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class. Instructors contact: joannebritton.zumba.com and tressag.zumba.com

#### KOKONDO KARATE

Instructor: Paul Ward Day: Thursdays Ages 14 years and Up

Location: 375 Hartford Turnpike RT 30 Vernon

Time: 7:00pm-8:00pm

Fee: \$42 per session / \$6 walk in fee on site only Session 1: September 1, 8, 15, 22, 29; October 6

Code: KARATE.F161

Session 2: October 13, 20, 27; November 3, 10, 17

Code: KARATE.F162

#### **PICKLEBALL**

An informal Pickleball program will be available, both outdoors (while the weather is supportive!) and indoors at the Windermere School. Pickleball is a cross between tennis, badminton and ping pong. Players use oversized ping pong paddles and a wiffle ball that moves slower than a tennis ball. The game is played on a badminton-size court that is divided by a 34-inch high net and the size of the court makes playing the game easier for baby-boomers and active seniors. Pickleball can be played as a singles or doubles game. For questions, to register or show your interest, please email recreationstaff@ellington-ct.gov with your phone and mailing address or call 860-870-3118. Register online through Activenet.

Fee: \$5.00

Dates: September 13, 20, 27; October 5, 12, 19, 26; November 2, 9

Time: 5:30 pm-7:15 pm Code: PICKLE.F16

Location: Windermere School, 2 Abbott Road

#### **GOLF LESSONS ADULTS**

2016 Fall Golf Classes

Classes are held at the: Ellington Golf Center, 125 West Road

Fee: \$65.00 per session Instructor: Jeff Wadsworth

Email: Jwadsworth50@comcast.net

Day: Saturdays

Dates: September 17, 24; October 1, 8

Women: 11:00 am -12:00 pm Coed: 12:00 pm - 1:00 pm

#### **VACATION CAMP**

December Break Vacation Camp

Grades: K -8th grade Dates: December 27, 28, 29 Time: 7:00 am-5:00 pm

Location: Ellington Middle School

Code: DEC.CAMP2016

An updated schedule and fee structure will be made available on

the website in early October.

#### **RECREATION LEAGUE BASKETBALL GRADES 3-8**

Registration: October 1 through December 1, 2016 at 12:00 noon Recreational League Fees: \$75/1 child; \$115/2 children; \$145/3 or children

All Youth Basketball Registration will be taken during regular office hours.

Recreation League Team Selection Policy:

Games played on Saturdays and/or weeknights; times and locations pending final enrollment.

Team Selection: All players will be revaluated each athletic season for the Recreation Division League.

Team Placement Requests: All requests to have a player either removed or placed on a certain team must be made in writing at least 2 days prior to the actual league draft December 3, 2016. A Parent/Guardian may request that their child be placed on a certain team, but only due to extreme hardship, such as: transportation, personal issues. Requests are not guaranteed. A written request is required if a parent/guardian wishes to have their child move up one division. Placement is based on safety, skill level and available roster space.

# RECREATION LEAGUE BASKETBALL EVALUATIONS SATURDAY, DECEMBER 3rd

BOYS - location Ellington Middle School

Grades 3 and 4: 8:30 am - 9:45 am code: 1104.WT16
Grades 5 and 6: 10:00 am - 11:15 am code: 1105.WT16
Grades 7 and 8: 11:30 am - 12:45 pm code: 1106.WT16
GIRLS – location Windermere School
Grades 3 and 4: 8:30 am - 9:30 am code: 1107.WT16
Grades 5 and 6: 9:45 am-10:45 am code: 1108.WT16

#### TRAVEL AND RECREATION BASKETBALL INFORMATION

code: 1109.WT16

Boys and Girls Grades 5-8

Evaluation Dates October 19 through November 3, 2016

Dates and Times will be posted on website. To be eligible for selection a player must attend a minimum of 2 tryouts. Travel Team Tryout Policy: The Travel Teams will be registered for boys and girls in grade 5, 6, 7 and 8 provided enough players are registered to provide recreation division teams. A player selected to a travel team may choose to play on a recreation team as well, but is not required to play both.

Parents: If a decision is made to have your child compete on both a recreation and travel team, please keep in mind that the participating player must complete his/her commitment to the recreation team. Failure to do so may result in removal from the travel team. Consider the weekly practice schedule along with the game schedule before making a final decision. The deadline is December 1, 2016.

\*Fee includes Board Officials, Timers, Scorers and Custodial Services. Plus each player must submit a separate check to the Coach in the amount of \$25 for the uniform. The Coach will return the check once the complete uniform is returned at the end of the season.

Rec Team registration fee is \$75. If a child is selected to a Travel Team, the additional fee of \$120 will be collected after notification from the Coach, prior to the first practice. An updated schedule will be distributed through the public schools, media outlets and the Recreation Department website at parkrec@ellington-ct.gov.

#### **ELLINGTON'S OWN ULTIMATE FRISBEE IS ON!**

Come join one of America's fastest growing sports! This is a field sport similar to soccer except played with a Frisbee. Ultimate Frisbee is a great way to get in shape and have fun. Open to residents of all surrounding towns. Pre-registration is required through Activenet. For more information visit: groups.yahoo. com/neo/groups/ellingtonultimate or Email Karl Neubecker:

ksneubec@gmail.com

Fee: no fee

Day: Mondays and Fridays

Dates: beginning September 9, 2016

Time: 5:30 pm until dark High School Age to Adult

Location: Windermere School, 2 Abbott Road

#### SPECIAL NEEDS SOCIAL CLUB

This proposed new social activity program will be designed for those ages 10+ with developmental/cognitive disabilities. Participants will have the opportunity to enjoy a variety of activities and field trips while meeting new friends in this informal, drop-in program. An adult guardian must accompany each participant, unless waived by the activity leader. For more information, contact Bob Tedford at (860) 870-3118 or email rtedford@ellington-ct.gov.

#### BEGINNER SOCIAL BALLROOM DANCING

Are you interested in taking part in a beginner ballroom dance program? The dates and times are to be determined based on interest. If you would like to be included on the contact list for this program, email rtedford@ellington-ct.gov.

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Grades 7 and 8: 11:00 am-12:00 pm

#### PARKS AND RECREATION ... continued from page 17

#### **DAY TRIP 2016**

#### **HOLIDAY SHOPPING AT KITTERY OUTLET STORES!**

This trip is are being offered in Mansfield, Ashford, Coventry, Ellington, Tolland, and Willington. Please register where you live at your local Recreation Department. No alcohol or glass items allowed on bus. Limited number of tickets per town/per trip; register early! Fee includes transportation. Check the website for more details at parkrec.ellington-ct.gov

Date: Friday, November 11, 2016

Depart 8:00 am Return 6:30 pm

Coach Bus leaves from the Tolland Commuter Lot,

off I-84, exit 68.

Fee: \$50 (bus fee only) Code: KITTERY. NOV11

# **Ellington Youth Services**



Everyone working and having fun together at Youth Services. Photo by Tressa Giordano.

**Ellington Youth Services** 

Website: youth.ellington-ct.gov

Address: 31 Arbor Way Phone: 860-870-3130

Diane Lasher-Penti, Youth Services Director

dpenti@ellington-ct.gov

Tressa Giordano, Youth Program Coordinator

tgiordano@ellington-ct.gov

**Deborah Stauffer, Prevention Coordinator** 

dstauffer@ellington-ct.gov

We have many wonderful programs for all ages. Go to our website for a complete list of programs and information. Youth Services is here to support and assist children and their families from birth to 18 years old. Youth Services provides programs that strengthen and develop life skills needed to succeed in the many challenges facing the youth today.

#### **CIRCLE OF SECURITY- PARENTING SERIES**

At times all parents feel lost or without a clue about what their child might need from them. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security Parenting program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Presented by Michelle Cantania, LMFT and Sponsored

by Ellington Youth Services Location: 31 Arbor Way

ocation. 31 Albor way

Dates: Wednesdays, September 21 through November 16

Times: 7:00 pm to 8:30 pm

Who should attend: caretakers, parents and teachers of children 0-5 years old (although only one parent at a time from a 2-parent household should attend; another series will be scheduled in future if interest warrants).

Fee: \$25.00 for registration or for more information visit the website at youth.ellington-ct.gov or come into our office.

#### SAVE THE DATE

#### Stop the Stigma Surrounding Opioid and Heroin Addiction

October 24, 2016

Ellington High School Library, 7:00 pm to 9:00 pm Join us for an evening of panelists speaking from personal experience, recovery, enforcement and medical standpoints of the opioid/heroin epidemic that is occurring in our communities. For more information visit the website at youth.ellington-ct.gov

#### DECIDE TO BE KIND

#### **Community Meeting**

Meeting: September 21 at 7:30 pm at 31 Arbor Way Join us for our first fall Decide to Be Kind meeting on Wednesday, September 21 at 7:30 pm at Ellington Youth Services, 31 Arbor Way, to discuss ways to come together to encourage kindness in our community. The Decide to Be Kind committee was formed in the summer of 2015 by Ellington Youth Services and the Council for Developing Positive Youth Culture (DPYC) with a mission to provide inspiration, education and resources to build a kinder and more compassionate community. Our hope is that individuals, families, and businesses will have a growing awareness of what happens when we consistently practice and cultivate kindness in our everyday lives by: being kind on social media, practicing good sportsmanship, celebrating diversity, being understanding of mental health issues and being kind, friendly, and compassionate in our daily interactions. Visit the website decidetobekind.com for more information.

# PARENTS SUPPORTING PARENTS WITH CHILDREN WITH SPECIAL NEEDS

This peer led group will support each other in helping to advocate for their children. We will meet on a monthly basis and discuss topics of interest, support and encourage each other, and seek out special guest speakers that the group has interest in. Our first meeting will be held on Tuesday, September 27 from 6 pm - 7 pm at 31 Arbor Way.

#### MIND, BODY, SPIRIT

Once a month join Youth Services in exploring new, fun, creative, mindful ways we can fine tune our emotional, physical, playful health. All ages and families welcome! Each month we will hold three different activities for the group to try in areas of creativity, mindfulness (relaxation), and movement; approximately ½ hour for each activity.

Dates: October 4, November 1 and December 6

Time: 6:00 pm to 7:15 pm Location: 31 Arbor Way Fee: \$5.00 for each night.

#### ANXIETY/WORRY/NERVOUS

Four nights of information, skill building and understanding for parents and community members who have children or know of children with anxiety, worries and nervousness. Thursdays from 7:00 pm to 8:00 pm on October 20, November 3, November 10 and November 17 Facilitated by Diane Lasher-Penti, LMFT

#### INFANT/TODDLER AND PRESCHOOL PROGRAMS

Inside & Out Infant/Toddler Playgroup ages 3 months to age 3: Join us for socialization, arts and crafts, stories, snack, discovery and networking with other parents of toddlers at our new Crystal Lake School House location. Fridays 9:10 am-10:00 am,

Session 1: September 16, 23, 30, October 7, 14, 21, 28 (7) Session 2: November 4, 11, 18, December 2, 9, 16 (6) Fee: \$18.00

for residents and \$23.00 for non-residents.



Youth Services "out and about" in the community.

Photo by Deb Stauffer.

# INSIDE & OUT INFANT/TODDLER & GRANDPARENT PLAYGROUP

Ages 3 months to age 3: Join us for socialization, arts and crafts, stories, snack, discovery and networking with other grandparents of toddlers at our new Crystal Lake School House location. Wednesdays 9:10 am -10:00 am, Session 1: September 14, 21, 28, October 5, 12, 19, 26 (7) Session 2: November 2, 9, 16, 30, December 7, 14, (6) Fee: \$18.00 for residents and \$23.00 for non-residents.

#### LITTLE HANDS ARTS & DISCOVERY

Age 1-3: Come join us to release that creative energy! We will explore colors, texture and fun painting techniques with sponges, brushes, fingers and so much more!! Enjoy a fun age appropriate art project, yummy snack, story and meet new friends with that special little person in your life. Adult participation required. Thursdays: 9:10 am -10:00 am, Session 1 September 15, 22, 29, October 6, 13, 20, 27 (7) Session 2: November 3, 10, 17, 12/1, 8, 15 (6) Fee: \$40.00 for residents and \$45.00 for non-residents.

#### IN THE LOOP KNITTING GROUP

Crochet lessons at the same time. All ages - everyone is welcome! Thursdays 6:00 pm - 7:15 p.m. October 20, 27, November 3, 10, 17

# **Ellington Conservation Commission**



# Rebecca Quarno, Chairman Ellington Planning Department

Ellington has teamed up with Eversource to bring you Home Energy Solutions, an Energize Connecticut(SM) program designed to save you money and reduce energy needs. A certified and insured contractor is available to visit your home to evaluate energy use and make on-the-spot improvements that will lower your energy bills. During the visit, the average

household receives about \$1,000 of products and services for just \$124. And, after the visit, most customers save about \$200 every year by reducing energy consumption. Residential customers meeting income-eligibility requirements may qualify for assistance.

Also, participating in Home Energy Solutions during 2016 makes Ellington eligible for grants to pursue energy-saving projects. Plus, for every Home Energy Solutions visit, our partnering contractors (Aiello Home Services, Energy Efficiencies Solutions, and Fox Heating) will donate \$25 to the Ellington Fuel Bank. A direct mailer regarding the Home Energy Solutions program is scheduled to be sent to your home shortly. Also, the Ellington Conservation Commission will host a booth at the Ellington Farmers' Market on September 17, 2016. Please consider visiting the booth and meeting representatives from Eversource and partnering contractors to learn more about Home Energy Solutions. To learn more or schedule a Home Energy Solutions appointment please call 877-947-3873 or visit EnergizeCT.com/HES.

# **Ellington Senior Center**

Erin Graziani, Director Website: seniorcenter.ellington-ct.gov



Having fun at the Senior Center with "selfies"!

Have you checked out our website yet? Included in this site is a listing of all of the diverse programs we have to offer at the Senior Center, including information on our Transportation Program, The Maple Street Kitchen Meal Program, Arts & Crafts, Fitness/ Health & Wellness, Cards & Games, Language Arts, Outdoor Activities, Music Programs and Technology Classes. All this and more can be found online and at the Center.

#### **DAILY PROGRAMS**

Weekday Walking Club / Horseshoes / Open Billiards

#### **LUNCH PROGRAMS**

Senior Community Café Meals are offered through CRT's Elderly Nutrition Program on Mondays and Tuesdays at 12 pm to persons 60 years of age or older and their spouses. Donation is \$2.50. The Maple Street Kitchen resumes September 14 serving meals on Wednesdays and Thursdays at 12 pm for a \$3.50 donation. Reservations for both programs must be made no later than noon the day before by calling the Senior Center or signing up at the front desk.

#### TRANSPORTATION SERVICES

Transportation is available to Ellington residents for medical, social and nutritional programs by calling the Transportation Line Monday-Friday, 9 am-12 pm, 860-870-3137.

#### SPECIAL EVENTS

In addition to our many regularly scheduled programs, a variety of classes, guest entertainers and other special events are scheduled monthly. Please stop in or check out our website to see what is offered!

#### **AARP SMART DRIVER CLASSES**

Pre-registration required. AARP Members \$15; non-members \$20

Thursday, August 25 - 11:30 am-3:30 pm Thursday, September 29 - 9:00 am-1:00 pm Wednesday, November 2 - 11:30 am-3:30 pm

#### SUMMER COOKOUT & CONCERT WITH THE ELDERLY BROTHERS

Monday, August 29 5:00 pm-7:00 pm

Tickets in advance: Residents \$7; Non-Residents:\$8

#### TRIPS

The following trips are being offered, space permitting. Stop in or visit online for full details. September 21, Big E, West Springfield, MA October 23, Oktoberfest at Log Cabin, Holyoke, MA November 10, Intrepid Museum, NYC December 5, Historic Deerfield Stocking Stuffer, MA February 7-17, Caribbean Cruise from New York

#### WEEKLY SCHEDULE

\*Call or visit our website for additional details, including schedule and fees

#### MONDAYS 8:30 am - 6:00 pm

	-
10:00 am-1:00 pm	Chess Mates
11:00 am-11:45 am	Chair Yoga*
12:00 pm-1:00 pm	Community Café Lunch*
12:30 pm-1:00 pm	Line Dancing - Beginners
1:00 pm-2:15 pm	Line Dancing - Intermediate & Fun
1:00 pm-3:00 pm	1:1 Computer Training with Bill*
1:00 pm-3:00 pm	Needle Crafts
1:15 pm-2:45 pm	Board Games
2:30 pm-3:30 pm	Yoga*
3:00 pm-4:30 pm	Musical Insights*

#### TUESDAYS 8:30 am- 4:00 pm

9:00 am-10 am	Garden Thyme
9:00 am-12:00 pm	Bridge
9:30 am-11:45 am	Adult Coloring
10:00 am-10:45 am	Chair Exercises*
11:00 am-11:45 am	Simple Circuit Fitness for
	Active Adults*
12:00 pm-1:00 pm	Community Café Lunch*
12:30 pm-2:00 pm	Blood Pressure & Diabetic Screening*
1:00 pm-4:00 pm	Dominoes
6:00 pm-9:00 pm	Setback

#### WEDNESDAYS 8:30 am - 4:00 pm

	1
9:00 am-3:00 pm	Podiatry Clinic*
9:00 am-10:00 am	Ellington Men's Club*
9:30 am-10:00 am	Hand Massage*
9:30 am-12:00 pm	Cut Ups Carving Club
10:00 am-11:30 am	Ellington Singers*
12.00 pm 1.00 pm	Manla Street Kitchen lun

Maple Street Kitchen lunch\* 12:00 pm-1:00 pm

1:00 pm-3:00 pm 1:1 Computer Help with Bill\* 1:00 pm-2:30 pm Ballroom, Polka & Fun Dancing 2:00 pm-3:30 pm Shuffleboard 2:00 pm-3:30 pm Caregiver Support Group\*

FRIDAYS 8:30 am - 1:30 pm

9:00 am-12:00 pm

2:30 pm-3:30 pm Photo by Deb Stauffer. Yoga\*

#### THURSDAYS 8:30 am - 4:00 pm

Sew and So 11:00 am-12:00 pm Tai Chi\* 9:30 am-11:45 am

Chair Exercise Class\* 10:00 am-10:45 am

11:00 am-11:45 am Simple Circuit Fitness for Active Adults\* **SATURDAYS** 12:00 pm-1:00 pm Maple Street Kitchen lunch\* Setback 7:00 pm -10:00 pm

1:00 pm-2:30 pm Memories & Creative Writing\* 6:30 pm-10:00 pm Open Billiards

## **Emergency Management**

#### Joe Palombizio, Director

Please review these Safety Tips from Eversource. For more information visit ellington-ct.gov; search Eversource or visit Eversource.com.

#### PROTECT YOURSELF FROM SCAMS

Across New England and the nation, modern scam artists are using sophisticated and intimidating tactics. Many scam artists are threatening customers in person, over the phone and online with disconnection of their electric or natural gas service if they don't make an immediate payment. Another tactic is to offer a bill credit or discounted rate if a customer provides their account number or other information. Protect yourself by being vigilant, staying informed and guarding your personal information. If something seems suspicious, call us immediately toll-free at 800-286-2000. Also be sure to report this to your local law enforcement.

#### **CALL BEFORE YOU DIG**

Building an addition? Installing a fence? Planting a tree? Before you or your contractor begin digging, make sure you know where all the underground utility lines are around your property. Connecticut state law requires that you contact Call Before You Dig at 811 or 800-922-4455 at least 48 business hours prior to digging. Once notified, Call Before You Dig will contact member utilities to come to your site and mark underground utility wires, cables and pipelines. This free service can protect you from unintentionally hitting underground utility lines, which can cause harm to you and those around you, disrupt service to an

entire neighborhood and potentially make you liable for fines and repair costs. Visit Call Before You Dig for more information. Please note, utility companies will only mark the facilities they own or maintain. Private underground pipes and cables may not be owned or maintained by member utility companies. It is the responsibility of the property owner to investigate if any privately owned utilities are in the area. More information, including Private Utility Locator contractors, is available on the Call Before You Dig website.

Electricity is such an integral part of our

daily lives that it can be easy to take it

#### **ELECTRIC SAFETY TIPS**

and its hidden dangers for granted. As a power provider, safety first and always is our number one priority, both for our customers and our employees. The following tips will help you and your family use electricity safely. Electrical safety basics: Your body can be a conductor of electricity. Take extra care to avoid touching bare wires, faulty appliances, or electrical outlets. If you are unsure whether a wire or electrical appliance is energized, always assume it is. In the event that a loved one is injured in an electrical accident, immediately unplug or shut off the power source. Never touch someone who is in contact with an electrical current until you know for certain that the power source has been shut off or unplugged. Keep an all-purpose fire extinguisher on every floor of your home. Never attempt to put out an electrical fire with water. Water and electricity don't mix. Keep water and wet hands away from

electricity and all electrical appliances when in use.

Install outlets with a ground fault circuit interrupter (GFCI) in rooms where water and moisture are present, such as in a kitchen or bathroom.

Use electrical cords wisely.

Wii Bowling

Regularly check wires and extension cords for signs of wear, and repair or replace those that are frayed or cracked. Prolonged use of extension cords can cause overheating and fire. Cords should never be nailed or stapled to a wall or placed under carpeting.

Electrical safety throughout your home: Cover unused wall outlets with plastic safety caps to protect small children and pets. Never overload outlets by using multiple adapters or power strips, which can result in a fire. Unplug appliances while cleaning or repairing them. During a lightning storm, turn off your television set or other appliances.

#### **GAS SAFETY TIPS: SMELL OF GAS**

Natural gas is one of the safest sources of energy available. Natural gas is nontoxic, colorless, tasteless, and odorless. A distinctive, pungent odor, similar to rotten eggs, is added so that you can recognize it easily and know if natural gas is escaping. If you smell gas:

MOVE to a safe location DO NOT smoke, strike a match, use telephones including cell phones, switch on/off appliances, lights or even a flashlight in the area where you smell gas. These items can produce sparks that might ignite the gas and cause an explosion. DO NOT assume that someone else will report the condition.

#### continued on page 22

#### **Emergency Management ...** continued from page 21

CALL Eversource immediately at 877-944-5325. Provide the exact location, including cross streets.

#### **CARBON MONOXIDE POISONING**

Whether you heat your home with oil, natural gas, propane, coal or wood, your heating system can produce carbon monoxide (CO) if it is not working properly or inadequately vented. Carbon monoxide is odorless, colorless and tasteless but very toxic. Signs indicating the presence of carbon monoxide in the home include stuffy, stale or smelly air, very high humidity or soot coming from a fireplace or heating system. Carbon monoxide is also produced from internal combustion devices such as cars and small gasoline engines. What are the symptoms of carbon monoxide poisoning? The symptoms of

during the flu season. Symptoms can include headaches, dizziness, nausea, unclear thinking, shortness of breath, weakness, vision problems, and loss of muscle control. High concentrations of carbon monoxide can lead to unconsciousness, brain damage or death. However, victims may experience only one or a few of these symptoms - if any. You should suspect the presence of carbon monoxide if symptoms tend to disappear when you leave the building. What should you do if you suspect the presence of carbon monoxide? Alert your family, employees or workers and exit the area immediately. Open the windows and doors on your way out, if you are able to do so. If carbon monoxide is detected by your alarm, exit the area immediately, and call 911 to notify your local fire department. Have your heating equipment inspected by your fuel supplier or a licensed heating contractor to ensure that it is in good working order. How can

you reduce the risk of carbon monoxide poisoning in the home? "Tune up" your heating system annually by using a licensed heating contractor, your gas company, or a fuel supplier to ensure it is in good working order. This check should be done before the busy heating season. Carbon monoxide detectors should also be installed on every floor of your home, and working properly. Also check your chimney or vent pipes for blockage annually. If a blockage exists, contact a professional chimney sweep immediately. Similarly, make sure your home is adequately ventilated, especially if you have recently insulated or renovated your home, or enclosed your heating system. In the winter, clear any snow or ice that accumulates around vents, gas meters, regulator vents and any other outdoor piping.

# **Hall Memorial Library**

93 Main Street Susan Phillips, Director Website: library.ellington-ct.gov

carbon monoxide poisoning are often

highest incidence of poisoning occurs

confused with those of influenza, with the



The Friends of Hall Memorial Library maintain this planter

#### LIBRARY HOURS

Monday-Thursday / 10 am - 8 pm Friday- Saturday / 10 am - 5 pm, Sunday / 1 pm - 5 pm Check the Library website for holiday closing dates.

#### **COOLNERD KIOSK**

Are you a fan of ebooks, audiobooks, downloadable movies and music? If so, you'll want to visit us at the end of August when the downloading process will become even simpler with our soon-to-be-delivered CoolNerd Kiosk. Thanks to a generous donation from The Friends of the Library, we will become the very first

library in Connecticut to own this innovative new apparatus. By using the Kiosk, you will now be able to search all of our digital platforms concurrently, instead of having to check OverDrive, then OneClick Digital, then Hoopla for the ebook that you want. You will be able to plug your device, be it an iphone, android or Kindle, right into the Kiosk and simultaneously search all of our digital platforms, then download the content. Come on in and try it out; we think you're going to love it!

#### WE WANT YOUR GAMES

Although the vast majority of items that we loan out on a daily basis are books and DVDs, we are always considering other items that our patrons might enjoy borrowing. To that end we recently asked for donations of your old cake pans and you responded magnificently! We have a great collection of over 100 cake pans! Now we are back with a new request- we'd love to have those board games and card games that you are no longer using. We will set them up for loan just as we do with all of our other materials, so you might just get a chance to try out a game you've never seen before! Please be sure that the games you donate are in good condition and have all their parts and pieces. Thank you in advance. We also hope to start an afternoon or early evening board gaming group for various ages, depending on response; if you are interested in participating, please see the Reference Librarian or email hallmlib@elllington-ct.gov to provide input as to days and times that will work best.

#### **SEWING MACHINES**

One of the newer trends in libraries is the creation of "Makerspaces". While some Makerspaces focus on new technologies, others are geared towards providing a space where people can get together to socialize and create in a relaxed setting. We hope to soon offer more "maker" experiences at HML; we envision a fun place for you to drop in and make cool stuff. Later in the year we will be looking for donations of craft items- not yet please, as we don't have any storage space - but for now we'd like to request your unused sewing machines. Any machines you donate must be portable and in good working condition. We'll also take crafting tools such as scrapbooking cutters, cricuts, dremel drills, etc. Thank you!

#### JOBNOW ONLINE SERVICE

JobNow, powered by Brainfuse (brainfuse.com), provides live, interactive online help combined with thousands of online resources to help you explore careers, learn skills, pass tests, write resumes, practice interviewing, and get the job of your dreams.

#### Modules include:

Live Coaching - If you need a job but don't even know where to start, go to JobNow's live coaching for personalized assistance. Those with more specific needs can request a coach with expertise in their field. Coaches are available from 2:00 pm – 11:00 pm. eParachute - Inspired by the best-selling career guide "What Color Is Your Parachute?", eParachute is a fun, interactive online resource designed for job-hunters and career explorers at all stages in life.

**SkillSurfer** - Thousands of practice school entrance exams and career certification tests, writing/math/computer skills development modules, and much more. Imagine all of your test prep materials online - no more worries about buying or borrowing test prep books.

**OptimalResume** - This feature-packed tool helps jobseekers easily write high impact resumes by working from a variety of interactive templates based on level of experience and academic areas. Once jobseekers have created their resume, they can submit it to a JobNow online coach for more expert review and feedback!

#### ART DISPLAY SPACE

Are you an artist looking for exhibit space? HML has a great display space for you to use to share your photos, paintings, drawings, etc. with the community. Exhibits hang for a month, from the first day to the last day, and must be appropriate for a public space with visitors of all ages. Call, stop in or email to hallmib@ ellington-ct.gov and talk with Sue about scheduling your exhibit.

#### SUMMER/FALL EVENTS

Kim Newman: Chair Yoga

Tuesday, August 23 6:30 pm

Jamilah Zebarth: Zentangle\*

Tuesday, September 6 6:30 pm

Coffeehouse: Sherlock Holmes and the Adventure of the

Speckled Band (radio play)\*

Friday, September 16 7:00 pm

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# Town of Ellington DIRECTORY

#### 55 Main Street, P.O. Box 187 Ellington, CT 06029

Animal Control	(860) 870-3155
Assessor's Office	(860) 870-3109
Building Department	(860) 870-3124
Emergency Services (Non-emergency)	
Crystal Lake Fire Department	(860) 870-3174
Ellington Volunteer Fire Department	(860) 870-3190
Ellington Volunteer Ambulance Corps	(860) 870-3170
Emergency Management	(860) 870-3182
Finance Department	(860) 870-3115
Fire Marshal	(860) 870-3126
First Selectman's Office	(860) 870-3100
Human Services	(860) 870-3128
Housing Rehabilitation	(860) 870-3132
Library (Hall Memorial)	(860) 870-3160
Police (non-emergency)	(860) 870-3154
Public Works	(860) 870-3140
Recreation Department	(860) 870-3118
Registrars of Voters	(860) 870-3107
Senior Center	(860) 870-3133
Tax and Revenue Collector	(860) 870-3113
Trash (Bulky Pick-up) All American Waste	(860) 289-7850
Town Clerk	(860) 870-3105
Town Planner	(860) 870-3120
Youth Services	(860) 870-3130

#### Hall Memorial Library ... continued from page 23

Aldo Pantano: CT State Partnership for Long-Term Care

Insurance, Tuesday, Sept. 20 6:30 pm

Daniel Sterner: Vanished, Downtown Hartford

Thursday, September 22 7:00 pm

Gil Gigliotti: Sinatra at 100

Tuesday, October 4 6:30 pm **Korean Culture and Spirit Project** Tuesday, October 18 6:30 pm

**Korean Cooking** 

(must have at least 20 registered by October 3)\*

Coffeehouse: Andy & Judy\*

Friday, October 21 7:00 pm

**Sharon Leonard: Halloween Parent & Child Egg-Decorating** 

Workshop, (2 classes)\*, Saturday, October 22 10:00 am & 1:00 pm

Jenny Stedman: Witches in Connecticut
Thursday, October 27 7:00 pm
Cheryl Jones: Learn to Sew a Table Runner\*
Tuesday, November 1 6:30 pm

Laurie Lemek: Tablescapes to Decorate your Holiday Table

Tuesday, November 15 6:30 pm

Coffeehouse: Matt Torcellini & Hailey Hewitt\*

Friday, November 18 7:00 pm

Alissa Monteleone: Healthy Indulgences... Chocolate \*

Tuesday, December 6 6:30 pm \**Program has limited seating, so register early!* 

#### **MOVIES**

IVIO VILO		
Grandma	August 24	6:30 pm
	August 25	1:00 pm
The Man Who Knew Infinity	August 31	6:30 pm
	September 1	1:00 pm
The Nice Guys	September 7	6:30 pm
	September 8	1:00 pm
The Meddler	September 14	1:00 pm
	September 15	6:30 pm
I Saw the Light	September 21	6:30 pm
	September 22	1:00 pm
Free State of Jones	September 28	6:30 pm
	September 29	1:00 pm

Movies will be shown weekly, (usually) on Wednesday evenings at 6:30 pm and Thursday afternoons at 1:00 pm. Please check the Library's website at library.ellington-ct.gov or call us at 860-870-3160 for future film announcements and schedule changes.

#### TEENS AT HALL MEMORIAL LIBRARY

Teens in the library this summer had some fun! Weekly craft tables included making glitter magnets, painting chopsticks and dragon eye crystals and learning how to make three different kinds of bookmarks. Teens visiting the library found plenty of things to do. Some of them volunteered their time to help out in the Children's Department and during movie days. Several teens learned how to make clay and glitter pens and walked out very happy with their creations. Lots of teens enjoyed the two food programs we had over the summer. They learned how to make three different kinds of salsa (and sample them, of course!)

during "Salsa Making" and a Wilton cake instructor showed them how to frost and decorate specialty cookies at a "Cookie Decorating" workshop. The summer reading program wrapped up with ten lucky teens winning gift cards to various shops and restaurants in the area. We had a summer full of fun, friends, food, and books. Many summer reading books, were taken out and enjoyed over the summer. Great job, Ellington teens!



Teens at the Library made beautiful beaded clay pens this summer.

#### FROM THE CHILDREN'S DEPARTMENT

Allan's Angels Therapy Dogs will visit the Hall Memorial Library this fall on these dates: Saturday, September 10 & 24, October 8, November 19, and December 10. Children ages 5 to 12 years old are welcome to visit the library on these days and spend individual time reading to a dog of their choice. Allan's Angels have been coming to our library since the summer of 2011. They are friendly, well-trained dogs who like nothing better than to spend a Saturday morning listening to stories read by children who enjoy their company. Each child will read for about 10 minutes between 10:30 – 11:30 am on a first-come, first-serve basis. Online registration is recommended and is on-going. This program is free and open to the public.

**TRUCK DAY** is scheduled for Saturday, September 17 beginning at 10:00 until 12:00 pm in the library parking lot. Children of all ages are welcome to attend, climb up into the trucks, and toot the horns. Lots of trucks are expected to attend, from Fire Trucks to Dump Trucks. Come join in the fun!

PRESCHOOL STORY HOURS will resume in September. For 3-5 year olds, a 45-minute program will be held on Tuesdays from 10:15-11:00. This story hour begins September 13 and continues until November 22, with a two-week break on October 11 and 18. Stories, songs and movement activities are included in this program. For 2-½ year olds, with an adult, a 30-minute program will be held on Fridays 10:15-10:45. This story hour begins September 16 and continues until November 4, with a two-week break on October 7 and 14. This program includes stories, songs, movement activities and a weekly craft that relates to the story or to the season of the year. Online registration is required for both of these programs and will begin September 1. For more information or to register call the Library at 860-870-3160 or go to our website at library.ellington-ct.gov.

CHRISTMAS ORNAMENT WORKSHOP will take place on Saturday, December 3, in the upstairs Children's Program Room with three sessions offered: 10:00-10:30; 10:40-11:10; or 11:20-11:50. Children ages 3-12 years old are welcome to attend

this annual event where each participant makes 4 or 5 Christmas ornaments to take home and use for the holidays. Free tickets to the event will be available beginning November 21 at the Children's Circulation Desk. As with all Library programs, this one is free and open to the public.

#### FRIENDS OF THE LIBRARY

The Friends of the Library Fall Book Sale will be held October 14 and 15, 10:00 am-5:45 pm, and October 16, 1:00 pm-4:45 pm. Choose from hundreds of great books for all ages and fill a bag for \$9.00! The Book Cellar, the Friends of the Library's used

book store, is open Monday 6:30-8:00 pm, Thursday 2:30-4:30 pm, Saturday 10 am-12 pm and beginning in October, Sundays, 2:00-4pm. The Friends of the Library are always looking to expand stock and add new subject areas, so donations are always gratefully accepted. They have added an area entitled Teacher Resources/Study Aids. This also includes some older edition college textbooks and computer software manuals. There is an extensive collection of Young Adult books. In order to keep you informed about Friends activities, there is a new bulletin board just as you enter HML that will contain all current information regarding the Friends.

# **Department of Public Works**

#### **Timothy Webb**

#### **Director of Public Works/WPCA Administrator**

Fall is upon us and the Public Works Department is getting ready for winter. The following are events and reminders for the upcoming fall season.

**SECURE YOUR MAILBOX** – Residents are asked to make sure their mailboxes are secured and sturdy before the winter snow season begins. Mailboxes damaged by the snow load will not be repaired by the Town.

**WINTER SAND** – Sand will be available to residents throughout the winter months. The pile is located at the Town Garage, 21 Main Street on the Firehouse side. This is for residents only; no contractors.

BAGGED LEAF COLLECTION – Bagged leaves will be picked up the week of November 21, 2016. Leaves must be put in paper bags and pick up will follow the same schedule as your trash collection. Leaves may also be brought to the Hoffman Road Brush Drop off area. Plastic bags must be emptied at the drop off area.

HOFFMAN ROAD BRUSH DROP OFF – The brush drop off center is open Saturdays 9 am-4 pm during the month of September. It is open Tuesday and Thursday 1 pm-4 pm and Saturday 9 am-4 pm during the months of October and November. It will be closed on Thanksgiving weekend. The drop off center is scheduled to close for the winter at 4 pm on December 3, 2016. Items accepted are leaves, brush, firewood, and tree trunks. You may call Harvest New England at 860-871-7442 for items not accepted at this drop off center. Grass clippings are not accepted.

HOUSEHOLD HAZARDOUS WASTE – Residents are reminded that household hazardous waste, including paint, must be brought to the MIDNEROC collection center located at 57 Hancock Road in Willington. The site is open the 1st and 3rd Saturday of each month through November 5. It will be closed Saturday, September 3, 2016.



At work resurfacing



Fun at the Open House

**BULKY WASTE** – To schedule a bulky waste pick-up, please call All American Waste at 860-289-7850. For information regarding accepted items, please visit the website at Ellington-ct.gov; search "Bulky Waste Pickup Information."

# OPEN HOUSE IS HELD AT THE DEPARTMENT OF PUBLIC WORKS

The Public Works Department held an Open House on May 26, 2016. Children had the opportunity to climb aboard the trucks and plows to become familiar with the vehicles and equipment they see out on the road every day. We would like to thank Country Pure Foods, East Coast Sign and All American Waste for their donations of food and give-away items. We would also like to thank those residents who attended. A good time was had by all! If you missed the annual Open House this year, make sure you watch for the date in May 2017! We would love to see you there.

# **Economic Development Commission**

#### SHOP ELLINGTON!





When you shop locally, 68% of spending goes back to our community (Civic Economics). The Ellington Economic Development Commission created an electronic business directory for residents to access information regarding local goods and services and for businesses to create complimentary websites to help advertise and connect with patrons.

Help support local businesses and Shop Ellington today.

#### **INSTRUCTIONS**

Patrons may scan the QR code to download the Shop Ellington app. Businesses must type the following URL into any online search and choose "For Business Owners" and "Claim Your Business" to create a micro-website. (http://ellington-ct.gov/309/Shop-Ellington)

For assistance with creating a micro-website, please contact the Ellington Planning Department at 860-870-3120 or email planner@ellington-ct.gov.

# **Ellington Town Hall Hours**

#### Monday

8:30 am - 6:00 pm

Tuesday, Wednesday, Thursday

8:30 am - 4:00 pm

Friday

8:30 am - 1:30 pm

#### **HOLIDAY SCHEDULE**

Town Offices will be closed on the following dates

Monday, September 5 – Labor Day\*

Monday, October 10 - Columbus Day

Friday, November 11 - Veterans' Day

Wednesday, November 23 - Closing at noon

Thursday and Friday, November 24 and 25\* - Thanksgiving Holiday

\*There will be a one day delay in trash collection for these holidays.

Check the Library website for closing dates at library.ellington-ct.gov.

# **Recycling in Ellington**

The Town contracts with the Materials Innovation & Recycling Authority (MIRA) for recycling processing services. In the past, MIRA has shared recycling revenue surpluses through an annual rebate. MIRA is unable to pay a recycling rebate for 2016; although revenues were sufficient to cover the cost of recycling, revenues were insufficient to provide a rebate. We would like to remind all residents to be diligent in disposing of their recycling waste as recycling generates revenue for the Town.

Visit our website to view the 2016 Recycling Guide and the 2016 Recycling Calendar [ellington-ct.gov; search recycling].

# ACCEPTABLE RECYCLE ITEMS TO BE PLACED IN BLUE RECYCLING CARTS:

- Newspaper/magazines/catalogs
- Corrugated cardboard (place loose in cart)
- Flatten and cut boxes to fit into cart
- Boxboard (food, cereal boxes, shoe boxes)
- Office paper/junk mail
- Shredded paper in paper bags only
- Glass food and beverage containers up to 2.5 gallons in size (rinsed clean)
- Metal food and beverage containers (rinsed clean)
- Aluminum foil and trays
- #1 thru #7 plastic food & beverage
- Containers up to 3 gallons in size (rinsed clean)
- Milk cartons/juice boxes (rinsed clean)

# Parkinson's Exercise Program Shows Great Results

There are presently 12 classes per week in 4 locations in CT with almost 50 Parkinson's clients participating. Results have been astounding. Clients have improved gait, balance, fine motor control, explosive movement, attitude, self-image, and fatigue. Some have lowered their dosage of their medications.

Please register by phone/text, 860.463.3747, email at info@beatpdtoday.com, or web-site www.beatpdtoday.com.



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ness Management degree and looks forward in assisting you for all of your real estate needs.

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#### Danielle DeCarli

A life long resident of Ellington, Danielle has a vast knowledge of the surrounding areas in addition to all aspects of real estate. She has received her Associates Degree in business, with certificates in sales and marketing. After running a horse farm with her family for over 10 years, she is very familiar in all aspects of farm real estate. Danielle is committed to meeting your individual needs

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# Ellington Public Schools Ascending

Dr. Scott V. Nicol, Superintendent Tweet @SuperNicol

To ascend is to rise. In rising together, the collective experiences of Ellington Public Schools' students serve as evidence of a school system that values opportunity for all. In the 2016-2017 school year, we intend to improve upon the sharing of these experiences, new opportunities and upcoming ventures.

Shortly after Labor Day weekend, the Ellington Public Schools (EPS) will launch a redesigned website. We appreciate Finalsite, a company owned by Ellington resident and EPS parent Jon Moser, for their professional service. The website will feature an application known as a "mash-up" page, which will display various social media feeds (Twitter, Facebook, Instagram, etc.) that EPS staff (and eventually students) generate. These social media feeds will provide visitors to the website with video and images of student experiences ranging from musical concerts to athletic competitions to academic achievement celebrations. Also, keep an eye out for the launching of the Ellington Board of Education (EBOE) Facebook page. This page will post EBOE meeting agendas, minutes and other Board related activities making it easier for citizens to be informed of and contribute to Ellington Board of Education governing practices.

The new district website will also promote the following Ellington Public Schools news:

Ellington High School (EHS) will implement 1:1 Chromebook devices for all 9th graders. This is part of a long-term K-12 technology plan that already has provided all 7th and 8th grade middle school students with 1:1 access.

EHS will offer two new English electives, The Modern American Experience and The American Dream, adding to an already diverse set of English electives.

EHS will offer a new Advanced Placement (AP) Computer Science Principles course that introduces the foundational concepts of computer science and challenges students to explore how computing and technology impacts the world. EHS will be among the first high schools in the state to launch this course.

EPS will continue its development of student digital portfolios for every student grades 3 through 11. The digital portfolios highlight student learning with work samples and student reflection. In fact, part of the application process for many universities and colleges is the submission of digital portfolios.

Ellington Middle School (EMS) will continue into its second year of implementing student-led parent conferences. This conference model has received positive feedback from both parents and students because it allows students to take responsibility for their own academic growth.

Both Center and Crystal Lake Schools will benefit from an expanded instrumental music program as all Ellington 5th grade students remain in their neighborhood school.

\*Subject to credit approv

New "Makerspaces" are being created at all three elementary schools and at EMS. Makerspaces are physical locations where students gather to share resources and knowledge, work on projects, and engage in creative problem solving. Full-day kindergarten will be implemented in all three elementary schools.

The ascension of the Ellington Public Schools continues.

# **Ellington Sprint Triathalon**

The 2016 Ellington Sprint Triathlon was held on July 24, 2016 at Crystal Lake. A quality field of 96 registrants took part in this year's Sprint triathlon, with Michael Cooley, of Delmar, NY, taking the overall first place in a time of 59:50. Superb weather with a supportive crew of spectators made for an enjoyable special event, with added security/support from the Crystal Lake Fire Department and the Resident State Troopers' Office.

A sincere thank you to members of the Masonic Lodge of Ellington (Fayette Lodge No. 69) as well as state-wide members, who provided course setup and supervision for this event.

Special thanks to Joy Bostick, Rob

Backman and Stephen Munz for their day-to-day, week-to-week, support in making this event happen, as well as our supporting sponsors: New Balance (South Windsor), The Trophy Shop (Vernon), Mountain Dairy (Storrs), Between Rounds (Vernon), Select Medical (Ellington), Pedal Power (Vernon), Costco, and Sam's Club. Watch for the 2017 event date!

The next 5K and 3K road race in Ellington will be held on October 29, 2016 beginning at Brookside Park.

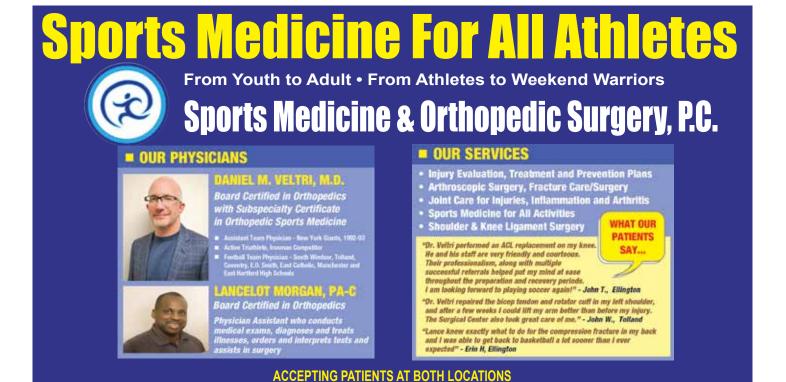
Check the Parks and Recreation website for more information at parksrec@ellington-ct.gov or call 860-870-3118 for more information.



Tony Manfre, James Guerin and Travis Gale exit Crystal Lake during the 2016 Ellington Sprint Triathlon. All three men grew up in Ellington and participated in Ellington athletics. Photo by Perne. Maynard.

Rob Backman (Triathlon Coordinator) and his daughter, Jordyn, participated in this year's event. Photo by Perne Maynard.





360 Tolland Turnpike, Suite 3C, Manchester, CT Star Hill Family Athletic Center, 100 Gerber Drive, Suite 2A, Tolland, CT

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#### **Town Clerk's Office**

Diane McKeegan, Town Clerk



Be sure to license your dog!

DOG LICENSES: In the month of June, the Town Clerk's office was busy renewing Dog Licenses. If you have a dog that you have not yet registered, visit the Town Clerk's office as soon as possible to avoid a fine from the Animal Control Officer. Rabies certificates must be presented at the time of licensing. Spay/neuter certificates are required for first time licenses. Visit our website ellington-ct.gov for complete information.

State Grant for Restoration of Records: The Town Clerk's office applied for and received a State Grant for restoration of records. This year Birth, Marriage and Death records, along with Board and Commission minutes, will be micro-filmed for safety. The micro-film is securely stored off-site.

For more information, please call the Town Clerk's office at 860-870-3105.

Type of Fee	Fee
License Fee for Spayed or Neutered Dog	\$ 8
License Fee for Unaltered Dog	\$19
Replacement Tags for Lost Tags	\$ 0.50
Late Fee (per month per dog after June)	\$ 1

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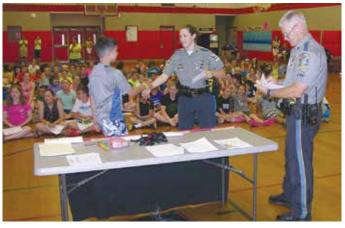


# **Ellington Resident State Trooper's Office**

#### Sergeant Brian Santa, Resident State Troopers' Supervisor

The Ellington Resident Troopers have taught the Drug Abuse Resistance Education Program, commonly referred to as DARE, to the sixth grade students in this town for over fifteen years. The DARE mission is to teach students good decision-making skills to help them lead safe and healthy lives. There are ten lessons involved in the curriculum to include lesson on tobacco and alcohol, bullying, avoiding risky situations, communication skills, stress, and becoming a good citizen. Furthermore, the DARE Program allows the Troopers to build trust and a positive relationship with the children in the community. The DARE Program is very popular with the students and the teachers at Windermere School.

Each year, over two hundred students participate in DARE at the Windermere School. At the end of the program, a DARE Graduation Ceremony is held. In addition to presenting each student with a DARE Certificate for successfully completing the program, we present a total of eight students with prizes as an award for being selected as the 1st, 2nd, and 3rd place essay and poster competition winners as well as one Honorable Mention. The prizes include a four-pack of passes for each 1st place winner to Six Flags New England, a four-pack of passes to Sonny's Place in Somers for 2nd place, and a four-pack of movie passes to Cinemark Theaters for 3rd place.



DARE Graduation with Resident State Troopers Tfc. Ron Richardson and Tpr. Brindiana Warenda

The Honorable Mention selectee is awarded gifts as provided by the two DARE Instructors, TFC Ronald Richardson and TPR Brindiana Warenda.

This year's winners are as follows:

#### **Essay Competition**

1st - Emily Pincince 2nd - Fiona Budd 3rd - Tori Trantolo Honorable Mention -Iillian Donie

#### **Poster Competition**

1st - Ella Moser 2nd - Oliver Terranova 3rd - Maya Henry Honorable Mention -Easha Patel





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